



# birdwatching

IN PORTUGAL

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tourist guide  
**nature tourism**

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TURISMO DE  
**PORTUGAL**





# birdwatching

IN PORTUGAL

In this guide, you will find 36 places of interest for birdwatchers and seven suggestions of itineraries you may wish to follow. Accept the challenge and venture forth around Portugal in search of our birdlife.



Jangada | PLGeraldès

## birdwatching

IN PORTUGAL

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# birdwatching



Portugal is situated in the Mediterranean region, which is one of the world's most important areas in terms of biodiversity. Its landscape is very varied, with mountains and plains, hidden valleys and meadowland, extensive forests and groves, rocky coasts and never-ending beaches that stretch into the distance, estuaries, river deltas and coastal lagoons. With such a great variety of habitats, our country also presents one of the greatest diversities of birdlife in Europe, with roughly 360 regularly-occurring species.

In mainland Portugal, there are roughly 70 species whose distribution is restricted to the region of the Mediterranean basin (e.g. Greater Flamingo, Egyptian Vulture, Bonelli's Eagle, Black-winged Kite, Collared Pratincole, Black-bellied Sandgrouse, Red-necked Nightjar, Great Spotted Cuckoo, Red-rumped Swallow, Black Wheatear, Blue Rock Thrush, Rufous-tailed Rock Thrush,

Orphean Warbler, Spanish Sparrow). The coastal strip is the preferred place of migration for thousands of birds from dozens of different species. Hundreds of thousands of sea and coastal birds (gannets, shearwaters, sandpipers, plovers and terns), birds of prey (eagles and harriers), small birds (swallows, pipits, warblers, thrushes and shrikes) cross over our territory twice a year, flying between their breeding grounds in Europe and their winter stays in Africa.

In the archipelagos of the Azores and Madeira, there are important colonies of seabirds, such as the Cory's Shearwater, Bulwer's Petrel and Roseate Tern. There are also some endemic species on the islands, such as the Madeiran Storm Petrel, Madeiran Laurel Pigeon, Madeiran Firecrest or the Azores Bullfinch. One should also stress the importance of the Azores as a place where bird species may appear occasionally, flying in from the American continent.

Birdwatching in Portugal is also made easier by the relatively small size of the country itself, the quality of its road network, its mild climate and its high level of public safety. Being included in the strategic tourist product of Nature Tourism, birdwatching is best complemented with other important regional features, such as fine gastronomy, excellent wines and a rich cultural heritage. ➔

# Useful Information

## Permits/Licences

If you wish to visit a protected area (National Park, Natural Park or Nature Reserve) with an organised group, you must contact the Instituto da Conservação da Natureza e da Biodiversidade ([www.icnb.pt](http://www.icnb.pt)) in advance, so that they can issue you with a special permit for this purpose. If you wish to visit a private property, you must contact the owner in advance.



## How do I hire a local guide?

If you wish to hire a local guide, you should look for the list of tourism companies licensed to provide this service at the Tourist Information Offices or on the Turismo de Portugal website ([www.turismodeportugal.pt](http://www.turismodeportugal.pt)).

## Information about accommodation, restaurants and other places to visit

You should look for this information at the Tourist Information Offices or on the websites of the Regional Tourism Boards (see pages 64 and 100 of this guide)



## Equipment needed

- Practical, discreet clothing
- Suitable footwear for the countryside and mountains
- Binoculars
- Pocket guide for identifying birds
- Notebook or sketch book
- Patience and enthusiasm in sufficient quantities

## Essential rules of conduct for birdwatchers

- 1 Respect local traditions and lifestyles.
- 2 Respect private property, close all gates.
- 3 Do not make any noise and do not disturb the peace of local sites.
- 4 Keep at a distance from the birds and watch them through binoculars.
- 5 Do not pick plants, capture animals or take geological samples. Only take photographs.
- 6 Respect the signposting of protected areas.
- 7 Footpaths must always be used only by small groups.
- 8 Do not light fires.
- 9 Each person is responsible for the rubbish that they produce; they should take it away with them and dispose of it in appropriate places.
- 10 Contact the authorities whenever you notice some irregularity.

# mainland Portugal

**i**n Portugal, there are 93 Important Bird Areas, where roughly 360 different species can be regularly observed, with their magnificent plumage and spectacular living habits. Many of these species have a very restricted distribution in Europe and the World, which makes them particularly attractive for foreign visitors. ↗








 [SEE MAP](#)

# Portugal continental

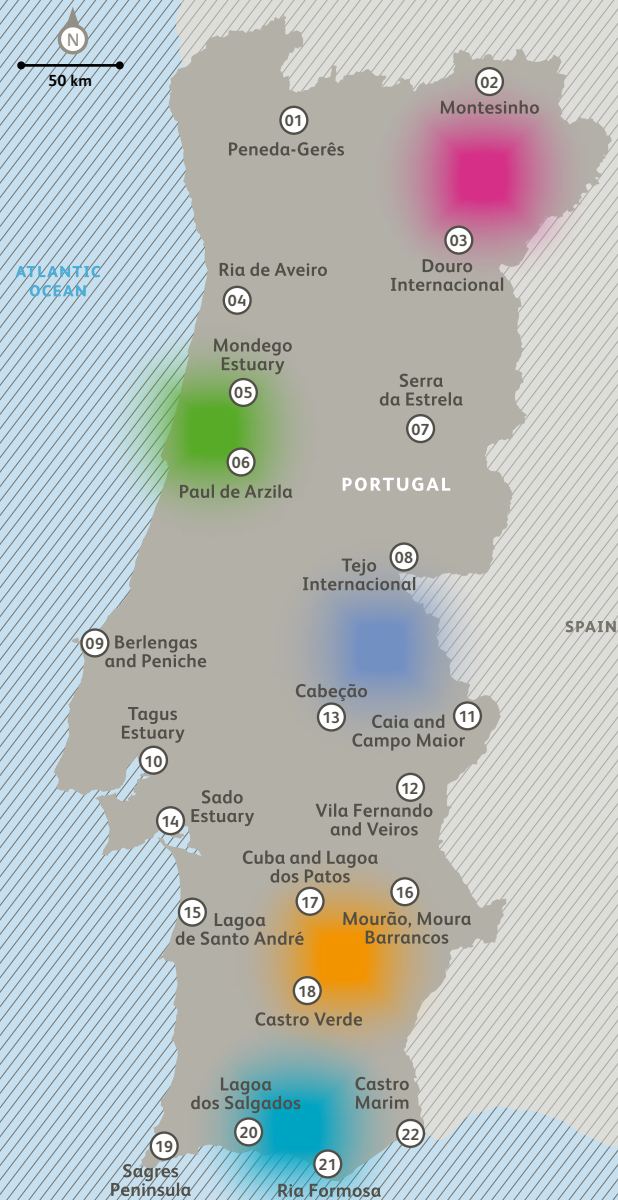


em Portugal existem 93 Áreas Importantes para as Aves, onde podem ser observadas regularmente cerca de 360 espécies diferentes, possuidoras de magníficas plumagens e espectaculares hábitos de vida. Muitas destas espécies têm uma distribuição muito restrita na Europa e no Mundo, pelo que se tornam atractivos para os visitantes estrangeiros. ➔

## Places of interest

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\* Not included in itinerary



# 01.

## Peneda-Gerês

### The National Park



Rufous-tailed Rock Thrush ↗  
*Monticola saxatilis*

Victor Meira

\*SPA Special Protection Area \*\*IBA Important Bird Area

 NOT INCLUDED IN ITINERARY

**41°52'N 08°08'W**

Coordinates  
(central point)

#### Area

National Park

52.883 ha

SPA\* 62.922 ha

IBA\*\* 62.922 ha

#### Description

Mountainous areas of Serra da Peneda, Serra do Soajo, Serra Amarela and Serra do Gerês, mountain scrubland and pastureland, rocky outcrops and scarps, peat bogs, lakes, rivers and streams, oak and pine forests, riverside woodland and marshland.

#### Species

Short-toed Eagle, European Honey Buzzard, Montagu's Harrier, Hen Harrier, Peregrine Falcon, Scops Owl, Common Skylark, Eurasian Crag Martin, Water Pipit, Tawny Pipit, White-throated Dipper, Rufous-tailed Rock Thrush, Dartford Warbler, Common Whitethroat, Firecrest, Red-backed Shrike, Red-billed Cough, Common Raven, Eurasian Bullfinch, Yellowhammer and Rock Bunting.

#### Birdwatching sites

Planalto de Castro Laboreiro, Senhora da Peneda, Soajo, Lindoso, Gerês, Portela do Homem, Mata da Albergaria, Covelães, Pitões da Júnias and Tourém.

#### Other attractions in the area

Flora, mammals, reptiles and amphibians, butterflies, archaeology, ethnography.

#### Other areas nearby

Minho Estuary 41°55'N 08°47'W

Lagoa de Bertandos 41°46'N 8°38'W

#### Interpretation Centres

Vidoeiro Environmental Education Centre

Tel. +351 253 390 110

Porta em Lamas de Mouro

Tel. +351 251 465 010

Porta no Mezio

Tel. +351 258 510 100

Porta no Lindoso

Tel. +351 258 578 141

Porta em Campo do Gerês

Tel. +351 253 351 888

Porta em Montalegre

Tel. +351 276 510 203



# 02.

## Montesinho

### Land of wolves and eagles



Montagu's Harrier →  
*Circus pygargus*

Fotisco

41°51'N 06°52'W

Coordinates  
(central point)

**Area**

Natural Park

52.883ha

SPA 108.089ha

IBA 106.205ha

### Description

Serra de Montesinho and Serra da Coroa, mountain scrubland and pastureland, rocky outcrops and scarps, Pyrenean oak forests, chestnut groves, riverside woodland, marshland and cultivated fields.

### Species

Golden Eagle, Short-toed Eagle, Montagu's Harrier, Hen Harrier, White Stork, Stock Dove, Scops Owl, Nightjar, Common Skylark, Eurasian Crag Martin, Water Pipit, Tawny Pipit, Blue Rock Thrush, Black-eared Wheat-ear, Dartford Warbler, Subalpine Warbler, Bonelli's Warbler, Red-backed Shrike, Common Raven, Common Crossbill, Rock Bunting, Ortolan Bunting.

### Birdwatching sites

Planalto da Moimenta, França, Montesinho, Lama Grande, Rio Sabor, Rio de Onor, Deilão, Guadramil, Rio Maçãs and Quintanilha.

### Other attractions in the area

Flora, mammals, reptiles and amphibians, butterflies, archaeology, ethnography.

### Other areas nearby

Serra da Nogueira 41°43'N 06°52'W

### Interpretation Centres

**Bragança**

**Information Centre**

Tel. +351 273 300 400

**Porta de Vinhais**

Tel. +351 273 771 416

# 03.

## Douro Internacional

### The great portuguese gorge



Stone Curlew →  
*Burhinus oediconemus*

Fototeca

41°05'N 06°45'W

Coordinates  
(central point)

#### Area

Natural Park

85.146 ha

SPA 50.744 ha

IBA 50.744 ha

#### Description

Douro and Águeda rivers and tributaries, Mediterranean scrubland, rocky outcrops, river scarps, holm-oak forests, riverside woodland, marshland and cultivated fields.

#### Species

Egyptian Vulture, Eurasian Griffon Vulture, Golden Eagle, Bonelli's Eagle, Short-toed Eagle, Red Kite, Eurasian Hobby, Peregrine Falcon, Black Stork, White Stork, Scops Owl, Eurasian Eagle Owl, Nightjar, European Bee-eater, Alpine Swift, Thekla Lark, Eurasian Crag Martin, Red-rumped Swallow, Blue Rock Thrush, Black Wheatear, Black-eared Wheatear, Spectacled Warbler, Orphean Warbler, Southern Grey Shrike, Woodchat Shrike, Eurasian Golden Oriole, Hawfinch, Cirl Bunting.

#### Birdwatching sites

Paradela, Vale d'Águia, Miranda do Douro, Cércio, Barragem do Picote, Barragem da Bemposta, Lagoaça, Freixo de Espada à Cinta, Penedo Durão, Figueira de Castelo Rodrigo and Barragem de Santa Maria de Aguiar.

#### Other attractions in the area

Flora, reptiles and amphibians, butterflies, archaeology, ethnography.

#### Other areas nearby

Rio Sabor 41°31'N 06°39'W

Alto Côa 40°53'N 07°04'W

#### Interpretation Centres

**Headquarters of the Douro Internacional Natural Park**

Mogadouro

Tel. +351 279 340 030

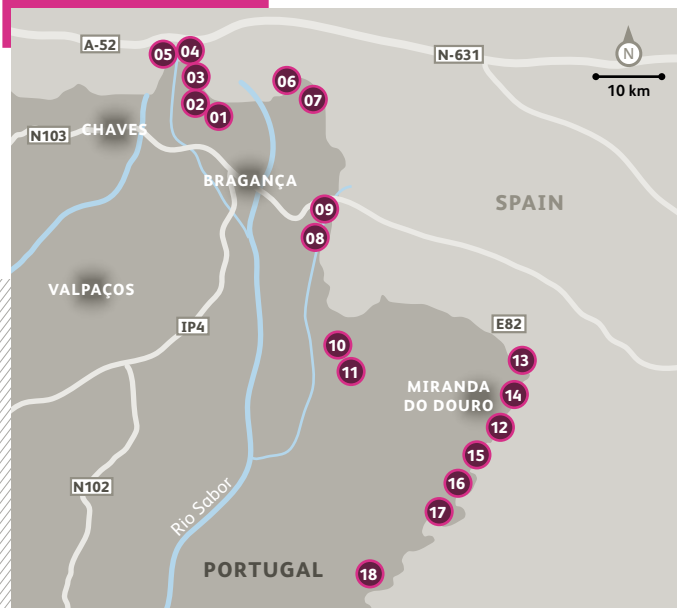
**Faia Brava Nature Reserve**

Figueira de Castelo

Rodrigo

Tel. +351 271 311 202

# The remote marvels of the north-east



## ITINERARY A

**Places to be visited** ② ③  
(see map of Mainland Portugal)

**Number of days** 5

**Distance** 200 km

### Notes

Visit the community village of Rio de Onor in Bragança, take a cruise on the river at Miranda do Douro, and visit the Foz Côa Archaeological Park.

J F M A M J J A S O N D

day 1

## Serra de Montesinho

01. França
02. Rio Sabor
03. Montesinho
04. Serra Serrada
05. Lama Grande

day 2

## Planalto da Lombada

06. Rio de Onor
07. Guadramil
08. Quintanilha
09. Rio Maçãs

day 3

## Trip to the Douro

10. Vimioso
11. Rio Angueira
12. Miranda do Douro

day 4

## Miranda do Douro

13. Paradela
14. Vale da Águia
15. Cêrcio

day 5

## Bemposta

16. Braciosa
17. Picote
18. Bemposta

# 04.

## Ria de Aveiro

### Lagoons and salt pans by the sea



Fototeca

**Marsh Harrier** →  
*Circus aeruginosus*

**40°42'N 08°40'W**

Coordinates  
(central point)

**Area**

Nature Reserve

681ha

SPA 52.720ha

IBA 51.378ha

### Description

Coast from Mira to Ovar, beaches, salt marshes, cane thickets, salt pans, fish cultures, tidal mud flats, canals, riverside woodland, marshland and cultivated fields.

### Species

Common Scoter, Marsh Harrier, Purple Heron, Little Bittern, Little Egret, White Stork, Black-winged Stilt, Grey Plover, Eurasian Golden Plover, Northern Lapwing, Kentish Plover, Common Redshank, Greenshank, Dunlin, Black-tailed Godwit, Common Kingfisher, Yellow Wagtail, Great Reed Warbler, Savi's Warblers, Common Reed Bunting, Cirl Bunting.

### Birdwatching sites

Costa Nova, salt pans of Aveiro, lagoon and dunes of São Jacinto, lagoons of the Baixo Vouga river, Salreu, Vilarinho, Muranzel, Torreira and Murtosa.

### Other attractions in the area

Flora, dragonflies, archaeology, ethnography.

### Other areas nearby

Barrinha de Esmoriz 40°58'N, 08°38'W

### Interpretation Centres

**Information Office,  
S. Jacinto**

Tel. +351 234 331 282

**Environmental  
Interpretation Centre**

BioRia, Estarreja, Salreu

Tel. +351 234 840 600

# 05.

## Mondego Estuary

### An island in the river



Dunlin →  
*Calidris alpina*

40°08' N, 8°50' W  
Coordinates  
(central point)

Area  
IBA 1.518ha

#### Description

Estuary of the River Mondego, salt marshes, cane thickets, salt pans, fish cultures, tidal mud flats, canals, riverside woodland and rice fields.

#### Species

Marsh Harrier, Greater Flamingo, Little Egret, White Stork, Black-winged Stilt, Pied Avocet, Grey Plover, Kentish Plover, Common Redshank, Greenshank, Dunlin, Common Kingfisher, Yellow Wagtail, Great Reed Warbler, Southern Grey Shrike, Common Reed Bunting.

#### Birdwatching sites

Ilha da Murraceira and Rio Pranto.

#### Other attractions in the area

Flora, ethnography.

#### Interpretation Centres

Ecomuseu do Sal  
(Salt Museum)  
of Figueira da Foz  
Ilha da Murraceira  
Tel. +351 233 403 300

# 06.

## Paul de Arzila

The green and gold of the cane thickets



Purple Heron →  
*Ardea purpurea*

**40°42'N 08°40'W**

Coordinates  
(central point)

**Area**

Nature Reserve

681 ha

SPA 482 ha

IBA 482 ha

**Description**

Cane thickets, willow wood, canals, riverside woodland and rice fields.

**Species**

Marsh Harrier, Purple Heron, Little Bittern, Little Egret, White Stork, Purple Swamphen, Black-winged Stilt, Common Kingfisher, Common Nightingale, Great Reed Warbler, Savi's Warbler, Southern Grey Shrike, Common Reed Bunting.

**Birdwatching sites**

Arzila, Lameira de Baixo, Casal das Amoreiras.

**Other attractions in the area**

Flora, dragonflies.

**Other areas nearby**

Paul da Madriz 40°07'N 08°38'W

Quinta do Taipal 40°11'N 08°41'W

**Interpretation Centres**

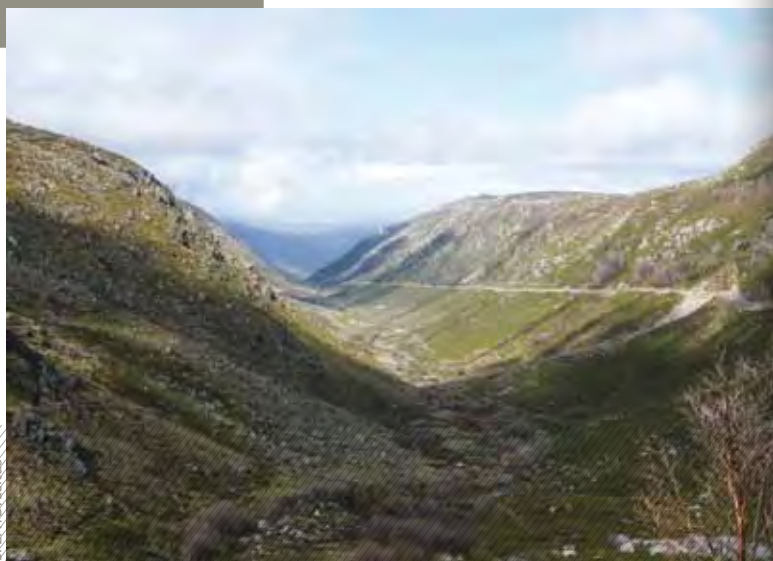
**Arzila**

Tel. +351 239 980 500

# 07.

## Serra da Estrela

### The high mountains



SERRA DA ESTRELA

Glacial Valley  
of the River Zêzere ↗  
Serra da Estrela Natural Park

 NOT INCLUDED IN ITINERARY

40°25'N 07°33'W

Coordinates  
(central point)

#### Area

Natural Park

101.060 ha

IBA 99.870 ha

#### Description

Mountain massif of Serra da Estrela, watercourses at high altitude, cliffs and crags, meadowland and mountain scrubland, peat bogs, deciduous forests (Pyrenean oak and chestnut) and Scots Pine forests, riverside woodland, sclerophyllous scrubland, marshland and agricultural land.

#### Species

Short-toed Eagle, European Honey Buzzard, Montagu's Harrier, Black Stork, Scops Owl, Alpine Swift, Common Skylark, Eurasian Crag Martin, Water Pipit, Tawny Pipit, White-throated Dipper, Scops Owl Rock Thrush, Blue Rock Thrush, Bluethroat, Dartford Warbler, Subalpine Warbler, Bonelli's Warbler, Firecrest, Common Raven, Rock Bunting and Ortolan Bunting.

#### Birdwatching sites

Torre and Planalto da Torre, Cântaro Magro, Rio Zêzere, Nave de Santo António, Manteigas.

#### Interpretation Centres

Torre

Interpretation Centre

Seia

Tel. +351 275 314 727

CISE – Serra da Estrela

Interpretation Centre

Seia

Tel. +351 238 320 300

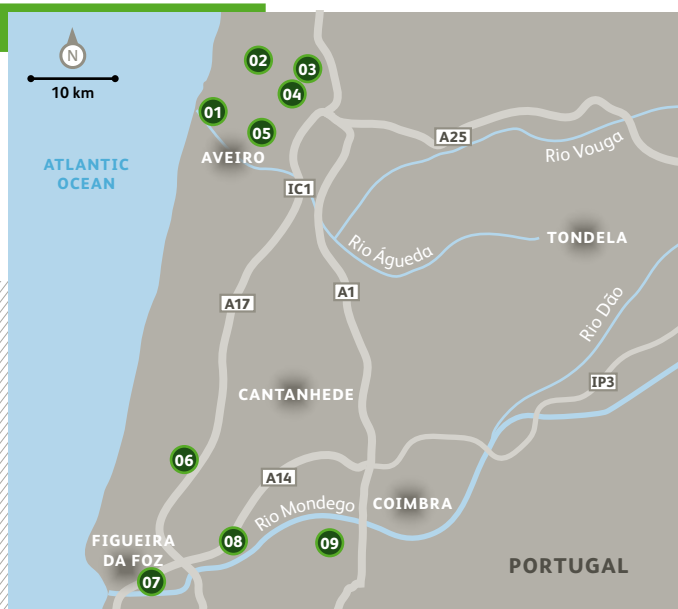
#### Other attractions in the area

Flora, butterflies, reptiles and amphibians, geology, archaeology, ethnography.

#### Other areas nearby

Serra da Malcata 40°15'N 07°02'W

# Lagoons and Estuaries of the centre region



## ITINERARY B

**Places to be visited** ④ ⑤ ⑥  
(see map of Mainland Portugal)

**Number of days** 4

**Distance** 150 km

### Notes

Take a boat trip on the Ria de Aveiro, visit the Roman ruins of Conimbriga in Condeixa-a-Nova.

J F M A M J J A S O N D

day 1

day 2

day 3

day 4

## Dunes of São Jacinto

01. Pateira de São Jacinto
02. Murtosa
03. Bocage de Salreu
04. Bocage de Sarrazola

## Aveiro

05. Saltpans of Aveiro
06. Lagoa da Vela

## Mondego Estuary

07. Ilha da Murraceira

## Fens of the River Mondego

08. Quinta do Taipal
09. Paul de Arzila



# 08.

## Tejo Internacional

### Great eagles and vultures



Fotóscia

Eurasian Black Vulture →  
*Aegypius monachus*

39°43'N 07°15'W

Coordinates  
(central point)

#### Area

Natural Park

23.441 ha

SPA 25.761 ha

IBA 25.764 ha

#### Description

International Valley of the River Tagus and its tributaries, rocky outcrops and scarps, sclerophyllous scrubland, holm-oak groves and forests, riverside woodland, dams and reservoirs, cultivated fields, pastureland and fallow land.

#### Species

Eurasian Griffon Vulture, Eurasian Black Vulture, Egyptian Vulture, Golden Eagle, Bonelli's Eagle, Booted Eagle, Short-toed Eagle, Montagu's Harrier, Eurasian Hobby, Black Stork, White Stork, Great Spotted Cuckoo, Red-necked Nightjar, Eurasian Eagle Owl, European Bee-eater, Eurasian Hoopoe, Alpine Swift, Thekla Lark, Eurasian Crag Martin, Red-rumped Swallow, Blue Rock Thrush, Subalpine Warbler, Orphean Warbler, Azure-winged Magpie, Common Raven, Starling, Eurasian Golden Oriole, Southern Grey Shrike, Woodchat Shrike, Rock Sparrow, Spanish Sparrow, Rock Bunting.

#### Birdwatching sites

Salvaterra do Extremo, Segura, Rosmaninhal, Rio Erges, Rio Ponsul.

#### Other attractions in the area

Flora, reptiles and amphibians, geology, archaeology.

#### Other areas nearby

Penha Garcia 40°01'N 06°57'W

Portas do Ródão 39°42'N 07°44'W

#### Interpretation Centres

Environmental Interpretation Centre in Castelo Branco

Tel. +351 272 348 140

# 09.

## Berlengas and Peniche

### The island of the guillemots



SPREA/102, Leiteão

Carreiro dos cações ↗  
Berlengas Nature Reserve

 NOT INCLUDED IN ITINERARY

**39°27'N 09°31'W**

Coordinates  
(central point)

**Area**

Nature Reserve

9.560 ha

SPA 96 ha

IBA 9.560 ha

### Description

Archipelago of the Berlengas Islands and the Peniche Coast, coastal Mediterranean scrubland, coastal scarps and crags, islets, tidal mud flats and brackish water.

### Species

Red-throated Diver, Cory's Shearwater, Manx Shearwater, Mediterranean Shearwater, European Storm Petrel, European Shag, Gannet, Peregrine Falcon, Turnstone, Yellow-legged Gull, Common Tern, Great Skua, Arctic Skua, Razorbill, Common Guillemot, Pallid Swift.

### Birdwatching sites

Berlengas Islands, Cabo Carvoeiro, maritime area between Peniche and the Berlengas Islands.

### Other attractions in the area

Flora, geology, scuba diving.

### Other areas nearby

Lagoa de Óbidos 39°24'N 9°12'W

# 10.

## Tagus Estuary

Thousands of birds in the river  
and meadowland



Fototeca

**Pied Avocet** →  
*Recurvirostra avosetta*

**38°49'N 08°56'W**

Coordinates  
(central point)

**Area**

Nature Reserve

14.192 ha

SPA 45.071 ha

IBA 45.071 ha

### Description

Salt marshes, cane thickets, tidal mud flats, saltpans, Tagus and Sorraia rivers, fens, willow woods, cork-oak groves, maritime pine forests, meadowland, pastureland, rice fields and other cultivated fields.

### Species

Little Egret, Purple Heron, Spoonbill, Glossy Ibis, White Stork, Greater Flamingo, Greylag Goose, Eurasian Wigeon, Common Teal, Black-winged Kite, Marsh Harrier, Hen Harrier, Booted Eagle, Short-toed Eagle, Osprey, Merlin, Little Bustard, Black-winged Stilt, Pied Avocet, Collared Pratincole, Grey Plover, Eurasian Golden Plover, Northern Lapwing, Kentish Plover, Dunlin, Little Stint, Bar-tailed Godwit, Eurasian Curlew, Common Redshank, Greenshank, European Nightjar, Pallid Swift, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Common Skylark, Yellow Wagtail, Bluethroat, Great Reed Warbler, Southern Grey Shrike, Woodchat Shrike, Rock Sparrow.

### Birdwatching sites

Mouchão do Lombo, Mouchão das Garças, Lezíria de Vila Franca, Catapereiro, Vala-real, Pancas, Vale de Frades, Ribeira-das-Enguias, Hortas, Alcochete, saltpans of Samouco, Paul da Barroca d'Alva.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies, ethnography.

### Other areas nearby

Salinas de Alverca 38°52'N 09°02'W

Ilha do Escaroupim 39° 4'N 8°45'W

Paul do Boquilobo 39°22'N 08°32'W

### Interpretation Centres

Alcochete

Tel. +351 212 348 021

# 11.

## Caia and Campo Maior

### The land of cranes



SPREA/IBP, Leiteão

Caia River →  
IBA Albufeira do Caia

**38°59'N 07°00'W**

Coordinates  
(central point)

**Area**

SPA 9.575 ha

IBA 18.560 ha

### Description

Holm-oak groves, willow woods, rivers and streams, lake, olive groves, cultivated fields, pastureland and fallow land.

### Species

Little Egret, Spoonbill, White Stork, Common Teal, Red-crested Pochard, Common Pochard, Black-winged Kite, Montagu's Harrier, Hen Harrier, Booted Eagle, Short-toed Eagle, Osprey, Merlin, Common Crane, Great Bustard, Little Bustard, Stone Curlew, Black-winged Stilt, Collared Pratincole, Eurasian Golden Plover, Northern Lapwing, Gull-billed Tern, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Calandra Lark, Red-rumped Swallow, Common Nightingale, Southern Grey Shrike, Woodchat Shrike, Azure-winged Magpie.

### Birdwatching sites

Ouguela, Rio Xévara, Torre, Retiro, Barragem do Caia, Santa Eulália and Rio Caia.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies, ethnography.

### Other areas nearby

São Mamede Natural Park

39°23'N 7°22'W

São Vicente 38°57'N 7°10'W

# 12.

## Vila Fernando and Veiros

### The plains of Alto Alentejo



Falseta

**Little Bustard** ↗  
*Tetrax tetrax*

**Vila Fernando**  
38°55'N 07°23'W

**Veiros**  
38°58'N 07°29'W  
Coordinates (central point)

**Area**  
SPA 7220 ha  
IBA 7487 ha

#### Description

Holm-oak groves, olive groves, streams, weirs, cultivated fields, pastureland and fallow land.

#### Species

White Stork, Black-winged Kite, Montagu's Harrier, Hen Harrier, Booted Eagle, Short-toed Eagle, Lesser Kestrel, Merlin, Great Bustard, Little Bustard, Stone Curlew, Black-winged Stilt, Collared Pratincole, Eurasian Golden Plover, Northern Lapwing, European Bee-eater, Eurasian Hoopoe, European Roller, Calandra Lark, Thekla Lark, Red-rumped Swallow, Common Nightingale, Southern Grey Shrike, Woodchat Shrike, Azure-winged Magpie.

#### Birdwatching sites

Vila Fernando, Monte do Alcobaca, Monte do Texugo, Quinta do Leão.

#### Other attractions in the area

Flora, reptiles and amphibians.

#### Other areas nearby

Monforte 39°04'N 07°30'W

Alter do Chão 39°10'N 07°40'W

# From the Floodplain to the border



## ITINERARY C

Places to be visited (08) (10) (11) (12)  
(see map of Mainland Portugal)

Number of days 6

Distance 300 km

### Notes

Visit the Historic Villages of Beira Baixa and the Megalithic Monuments of Alto Alentejo.

J F M A M J J A S O N D

day 1

## Tagus Estuary

01. Hortas
02. Pancas
03. Rice fields of Giganta
04. Ponta da Erva

day 2

## Going up the Tagus

05. Paul do Boquilobo
06. Portas do Ródão

day 3

## Tejo Internacional

07. Rio Pônsul
08. Malpica do Tejo
09. Rosmaninhal
10. Alares

day 4

## Erges Internacional

11. Segura
12. Salvaterra do Extremo
13. Marvão Castle
14. Border at Marvão

day 5

## Campo Maior

15. Ouguela
16. Albufeira do Caia
17. Caia River

day 6

## Plains of Elvas

18. Torre da Bolsa
19. São Vicente
20. Vila Fernando

# 13.

## Cabeção

### Groves of cork-trees and birds



**Black-winged Kite** ↗  
*Elanus caeruleus*

Fátima

**39°06'N 08°01'W**  
Coordinates  
(central point)

**Area**  
IBA 48.606 ha

#### Description

Cork-tree groves, maritime pine forests, willow woods, rivers and streams, lake, cultivated fields, pastureland and fallow land.

#### Species

Great Crested Grebe, Little Egret, White Stork, Gadwall, Common Teal, Common Pochard, Black-winged Kite, Montagu's Harrier, European Honey Buzzard, Booted Eagle, Short-toed Eagle, Eurasian Hobby, Black-winged Stilt, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Lesser Spotted Woodpecker, Woodlark, Red-rumped Swallow, Common Nightingale, Common Redstart, Melodious Warbler, Woodchat Shrike, Azure-winged Magpie, Eurasian Nuthatch, Eurasian Golden Oriole, Rock Sparrow, Cirl Bunting.

#### Birdwatching sites

Cabeção, Aldeia Velha, Foros do Mocho, Barragem de Montargil, Barragem do Maranhão.

#### Other attractions in the area

Flora, reptiles and amphibians, dragonflies.

#### Other areas nearby

Arraiolos 38°47'N 08°00'W

# 14.

## Sado Estuary

### The estuary of the dolphins



SPRINT/ISTOCK

**Carrasqueira fishing harbour** →  
Sado Estuary Nature Reserve

**38°27'N 08°43'W**

Coordinates  
(central point)

#### Area

Nature Reserve

23.971 ha

SPA 25.231 ha

IBA 25.129 ha

#### Interpretation Centres

**Mourisca Tide Mill**

Faralhão, Setúbal

Tel. +351 265 541 157

#### Description

Dunes, beaches, salt marshes, cane thickets, tidal mud flats, saltpans, River Sado and Ribeira da Marateca, fens, willow woods, cork-oak groves, maritime pine and stone pine forests, pastureland, rice fields and other cultivated fields.

#### Species

Black-necked Grebe, Little Bittern, Little Egret, Spoonbill, Glossy Ibis, White Stork, Greater Flamingo, Eurasian Wigeon, Common Teal, Northern Shoveler, Red-breasted Merganser, Black-winged Kite, Marsh Harrier, Booted Eagle, Short-toed Eagle, Osprey, Peregrine Falcon, Purple Swamp-hen, Black-winged Stilt, Pied Avocet, Grey Plover, Northern Lapwing, Kentish Plover, Dunlin, Little Stint, Black-tailed Godwit, Bar-tailed Godwit, Eurasian Curlew, Common Redshank, Greenshank, Black-legged Little Tern, Pallid Swift, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Lesser Spotted Woodpecker, Woodlark, Yellow Wagtail, Bluethroat, Common Nightingale, Great Reed Warbler, Southern Grey Shrike, Woodchat Shrike, Azure-winged Magpie, Rock Sparrow, Cirl Bunting.

#### Birdwatching sites

Saltpans of Mitrena, Praias do Sado, Mouriscas, Gâmbia, Herdade do Zambujal, fish culture of Arrábida, Herdade do Pinheiro, Monte Novo do Palma, Saltpans of Batalha, Açude da Murta, Carrasqueira, Comporta, Tróia, Caldeira de Tróia.

#### Other attractions in the area

Flora, dolphins, reptiles and amphibians, dragonflies, archaeology, ethnography.

#### Other areas nearby

Cabo Espichel

38°25'N 09°11'W

Lagoa Pequena

38°31'N 08°09'W



# 15.

## Lagoa de Santo André The lagoon of the coots



Glossy Ibis →  
*Plegadis falcinellus*

08°5'0.47N 08°47'6.94W

Coordinates  
(central point)

### Area

Nature Reserve

5.370 ha

SPA 2.572 ha

IBA 2.672 ha

### Description

Dunes, beaches, cane thickets, willow woods and flood plains, maritime pine and stone pine forests, pastureland and agricultural land.

### Species

Little Bittern, Little Egret, Purple Heron, Spoonbill, Glossy Ibis, White Stork, Common Teal, Northern Shoveler, Red-crested Pochard, Common Pochard, Black-winged Kite, Marsh Harrier, Booted Eagle, Purple Swamp-hen, Black-winged Stilt, Northern Lapwing, Kentish Plover, Dunlin, Little Stint, Black-tailed Godwit, Common Redshank, Greenshank, Black-legged Little Tern, Pallid Swift, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Yellow Wagtail, Common Grasshopper Warbler, Great Reed Warbler, Southern Grey Shrike, Woodchat Shrike, Azure-winged Magpie, Cirl Bunting.

### Birdwatching sites

Praia de Santo André, Cerradinha, Moinho Novo, wastewater treatment plant, Monte Velho, Poços, Praia do Monte Velho.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies.

### Interpretation Centres

#### Monte do Paio

Bresco, Santo André

Tel. +351 269 749 001

# 16.

## Mourão, Moura and Barrancos

### Lynxes, eagles and black pigs



Falseta

Azure-winged Magpie →  
*Cyanopica cyanus*

 NOT INCLUDED IN ITINERARY

46-47

38°08'N 07°10'W

Coordinates  
(central point)

#### Area

SPA 84.935 ha

IBA 89.654 ha

#### Description

Rivers and streams, Alqueva lake, rocky outcrops and scarps, sclerophyllous scrubland, holm-oak groves and forests, riverside woodland, olive groves, cultivated fields, pastureland and fallow land.

#### Species

Eurasian Griffon Vulture, Eurasian Black Vulture, Booted Eagle, Short-toed Eagle, Black-winged Kite, Red Kite, Montagu's Harrier, Black Stork, White Stork, Common Crane, Great Bustard, Little Bustard, Stone Curlew, Eurasian Golden Plover, Northern Lapwing, Black-bellied Sandgrouse, Great Spotted Cuckoo, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Woodlark, Thekla Lark, Calandra Lark, Eurasian Crag Martin, Red-rumped Swallow, Blue Rock Thrush, Rufous Bush Robin, Subalpine Warbler, Orphee Warbler, Melodious Warbler, Azure-winged Magpie, Southern Grey Shrike, Woodchat Shrike, Rock Sparrow, Spanish Sparrow.

#### Birdwatching sites

Mourão, Ferrarias, São Leonardo, Granja, Amareleja, Barrancos, Noudar Castle, Contenda, Santo Aleixo, Safara, Lameirões, Sobral da Adiça, Serra da Adiça, Herdade dos Machados, Santo Amador, Póvoa de São Miguel.

#### Interpretation Centres

Garducho Biological Station  
CEAI – Iberian Birds Study Centre, Herdade dos Guizos Mourão  
Tel. +351 266 746 102

#### Other attractions in the area

Flora, reptiles and amphibians, geology, archaeology.

#### Other areas nearby

Reguengos 38°20'N 7°29'W

# 17.

## Cuba and Lagoa dos Patos Waterfowl on the dry plains



Collared Pratincole →  
*Glareola pratincola*

**Cuba**  
39°02'N 07°12'W  
**Lagoa dos Patos**  
38°09'N 08°04'W  
Coordinates (central point)

**Area**  
SPA 4,081 ha  
IBA 5,049 ha

### Description

Lake and rice fields, olive groves, cultivated fields, pastureland and fallow land.

### Species

Little Egret, Spoonbill, White Stork, Greylag Goose, Eurasian Wigeon, Common Teal, Northern Shoveler, Common Pochard, Black-winged Kite, Montagu's Harrier, Hen Harrier, Booted Eagle, Lesser Kestrel, Merlin, Great Bustard, Little Bustard, Stone Curlew, Black-winged Stilt, Collared Pratincole, Eurasian Golden Plover, Northern Lapwing, Ruff, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Calandra Lark, Red-rumped Swallow, Southern Grey Shrike.

### Birdwatching sites

Monte dos Patos, Lagoa dos Patos, Lagoa do Peneireiro, plains of Cuba, São Matias, Monte da Apariça, Torre do Pinto.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies.

### Other areas nearby

Plains of Évora 38°26'N7°56'W

# 18.

## Castro Verde

The great plain of the great bustards



Fotóscia

Great Bustard →  
*Otis tarda*

37°45'N 08°00'W

Coordinates  
(central point)

**Area**

SPA 84.913 ha

IBA 83.579 ha

**Description**

Holm-oak groves, scrubland of rock-roses, rocky outcrops, streams, weirs, riparian galleries, cultivated fields, pastureland and fallow land.

**Species**

White Stork, Eurasian Griffon Vulture, Eurasian Black Vulture, Bonelli's Eagle, Spanish Imperial Eagle, Red Kite, Montagu's Harrier, Hen Harrier, Booted Eagle, Short-toed Eagle, Lesser Kestrel, Merlin, Common Crane, Great Bustard, Little Bustard, Stone Curlew, Black-winged Stilt, Collared Pratincole, Eurasian Golden Plover, Northern Lapwing, Black-bellied Sandgrouse, Great Spotted Cuckoo, European Bee-eater, Eurasian Hoopoe, European Roller, Common Kingfisher, Calandra Lark, Thekla Lark, Red-rumped Swallow, Common Nightingale, Rufous Bush Robin, Black-eared Wheatear, Melodious Warbler, Southern Grey Shrike, Woodchat Shrike, Azure-winged Magpie, Common Raven, Spanish Sparrow.

**Birdwatching sites**

Entradas, Monte do Vale Gonçalves, Barragem do Monte Gavião, Carregueiro, Casével, Barragem da Apariça, Ribeira do Cobres, São Marcos da Atabueira, Senhora de Aracelis, Monte de Belver, Monte do Guerreiro, Rolão, Piçarras.

**Other attractions in the area**

Flora, reptiles and amphibians, dragonflies, archaeology, ethnography.

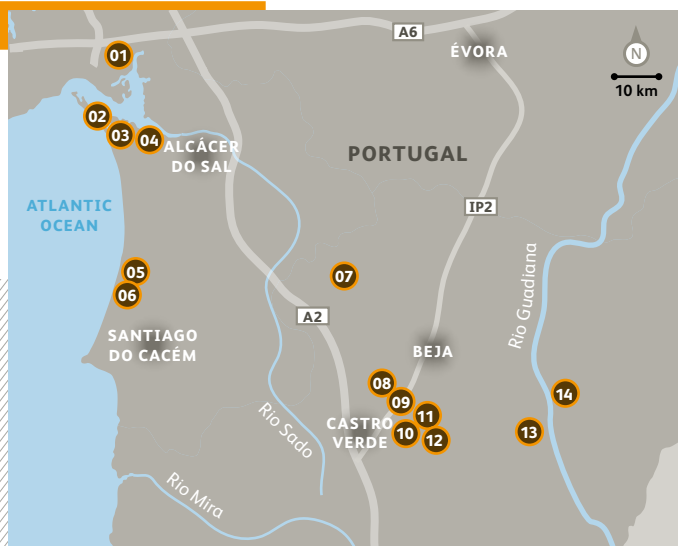
**Other areas nearby**

Guadiana Valley Natural Park  
37°42'N 07°39'W

**Interpretation Centres**

Vale Gonçalves  
Environmental  
Education Centre  
LPN – Liga para a  
Protecção da Natureza  
(League for the  
Protection of Nature)  
Castro Verde  
Tel. +351 286 328 309

# Going up the Sado River to Campo Branco



## ITINERARY D

Places to be visited     
(see map of Mainland Portugal)

Number of days 5

Distance 200 km

### Notes

Take a boat trip from Setúbal to see the dolphins, visit the Roman ruins of Cetóbriga in Tróia and visit the Museu das Luzernas (Oil-Lamp Museum) in Castro Verde.

J F M A M J J A S O N D

day 1

## Sado Estuary

01. Saltpans of Gambia
02. Caldeira de Tróia
03. Comporta
04. Carrasqueira

day 2

## Heading South

05. Lagoa de Santo André
06. Poços
07. Lagoa dos Patos

day 3

## Campo Branco

08. Carregueiro
09. Vale Gonçalves
10. São Pedro das Cabeças

day 4

## Mértola

11. São Marcos da Ataboeira
12. Guerreiro
13. Serra de Alçaria Ruiva
14. Pulo do Lobo

# 19.

## Sagres Peninsula

### Watching the migrations



SPEAKERS, Leiria

**Sagres Cliffs** ↗  
South-West Alentejo and Costa Vicentina  
Natural Park

**37°02'N 08°58'W**

Coordinates  
(central point)

#### Area

Natural Park

60.624 ha

SPA 74.562 ha

IBA 74.562 ha

#### Description

Coastal cliffs, beaches, Mediterranean coastal scrubland, cultivated fields, permanent pastureland and fallow land, streams, coastal lagoons and underground lagoons, small pockets of maritime pine woodland.

#### Species

Cory's Shearwater, Mediterranean Shearwater, Wilson's Storm Petrel, Northern Gannet, European Shag, Cattle Heron, Black Stork, Eurasian Griffon Vulture, Egyptian Vulture, Short-toed Eagle, Booted Eagle, Bonelli's Eagle, Black Kite, Red Kite, Marsh Harrier, Hen Harrier, Common Buzzard, European Honey Buzzard, Eurasian Sparrowhawk, Eurasian Hobby, Peregrine Falcon, Little Bustard, Stone Curlew, Eurasian Dotterel, Eurasian Golden Plover, Northern Lapwing, Great Skua, Mediterranean Gull, Sandwich Tern, Eurasian Hoopoe, European Bee-eater, Tawny Pipit, Northern Wheatear, Blue Rock Thrush, Spectacled Warbler, Dartford Warbler, European Pied Flycatcher, Spotted Flycatcher, Red-billed Chough.

#### Birdwatching sites

Ponta de Sagres, Cabo de São Vicente, Cabranosa, Vale Santo, Pinhal de Vale Santo, Torre de Aspa, Lagoa do Martinhal, Paul de Budens.

#### Other attractions in the area

Flora, dolphins and whales, reptiles and amphibians, dragonflies, archaeology.

#### Other areas nearby

South-West Alentejo  
and Costa Vicentina  
Natural Park

37°22'N 08°50'W

Ponta da Piedade

37°05'N 08°42'W

# 20.

## Lagoa dos Salgados

### A birdwatcher's paradise



European Bee-eater →  
*Merops apiaster*

**37°06'N 08°20'W**  
Coordinates  
(central point)

**Area**  
IBA 149 ha

#### Description

Coastal lagoon, dunes, cultivated fields and permanent pastureland.

#### Species

Little Bittern, Purple Heron, Little Egret, Spoonbill, Glossy Ibis, Greater Flamingo, White Stork, Gadwall, Northern Shoveler, Common Pochard, Red-crested Pochard, Purple Swamp-hen, Stone Curlew, Collared Pratincole, Kentish Plover, Northern Lapwing, Common Redshank, Black-tailed Godwit, Ruff, Sandwich Tern, Caspian Tern, Black Tern, European Bee-eater, Eurasian Hoopoe, Yellow Wagtail, Southern Grey Shrike, Azure-winged Magpie.

#### Birdwatching sites

Lagoa, Praia dos Salgados, Praia Grande, mouth of Ribeira de Alcantarilha.

#### Other attractions in the area

Flora, reptiles and amphibians, dragonflies.

#### Other areas nearby

Ria do Alvor 37°07'N 08°36'W

Monchique 37°18'N 08°35'W

# 21.

## Ria Formosa

Lagoons rich in salt, fish and birds



Purple Swamp-hen ↗  
*Porphyrio porphyrio*

**37°01'N 07°49'W**

Coordinates  
(central point)

**Area**

Natural Park

17.664 ha

SPA 23.295 ha

IBA 23.296 ha

### Description

Beaches, dunes, salt marshes, canals, tidal mud flats, saltpans, fish cultures, lagoons, coastal pine groves, pastureland and cultivated fields.

### Species

Little Bittern, Little Egret, Spoonbill, White Stork, Greater Flamingo, Eurasian Wigeon, Common Teal, Northern Shoveler, Common Pochard, Red-crested Pochard, Marsh Harrier, Booted Eagle, Osprey, Peregrine Falcon, Purple Swamp-hen, Stone Curlew, Collared Pratincole, Black-winged Stilt, Pied Avocet, Eurasian Oystercatcher, Grey Plover, Northern Lapwing, Kentish Plover, Dunlin, Little Stint, Red Knot, Black-tailed Godwit, Bar-tailed Godwit, Whimbrel, Common Redshank, Greenshank, Audouin's Gull, Black-legged Little Tern, Caspian Tern, Pallid Swift, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Yellow Wagtail, Bluethroat, Azure-winged Magpie.

### Birdwatching sites

Quinta do Lago, Ludo, Praia de Faro, Montenegro, Faro and Salgados do Fialho, Fuzeta, Quinta de Marim, Saltpans of Tavira and Santa Luzia, Arraial Ferreira Neto, Cacela a Velha.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies, archaeology, ethnography.

### Other areas nearby

Canical de Vilamoura 37°05'N 08°08'W

### Interpretation Centres

Marim Environmental Education Centre  
Olhão

Tel. +351 286 328 309



# 22.

## Castro Marim

### The paradise of the flamingos



Fotobeca

**Greater Flamingos** →  
*Phoenicopterus roseus*

**37°12'N 07°26'W**

Coordinates  
(central point)

**Area**

Nature Reserve

2.089 ha

SPA 2.147 ha

IBA 2.147 ha

### Description

Dunes, salt marshes, canals, tidal mud flats, saltpans, fish cultures, lagoons, coastal pine woods, pastureland and cultivated fields.

### Species

Little Egret, Spoonbill, White Stork, Greater Flamingo, Northern Shoveler, Common Pochard, Red-crested Pochard, Marsh Harrier, Peregrine Falcon, Purple Swamp-hen, Stone Curlew, Collared Pratincole, Black-winged Stilt, Pied Avocet, Grey Plover, Eurasian Golden Plover, Northern Lapwing, Kentish Plover, Dunlin, Little Stint, Black-tailed Godwit, Bar-tailed Godwit, Whimbrel, Common Redshank, Greenshank, Audouin's Gull, Black-legged Little Tern, Caspian Tern, Pallid Swift, European Bee-eater, Eurasian Hoopoe, Common Kingfisher, Lesser Short-toed Lark, Yellow Wagtail, Bluethroat, Woodchat Shrike.

### Birdwatching sites

Sapal de Venta Moinhos, Posto da Rocha, Saltpans of Castro Marim, Saltpans of Cerro do Bufo, Esteiro da Carrasqueira, National Woodland.

### Other attractions in the area

Flora, reptiles and amphibians, dragonflies, ethnography.

### Other areas nearby

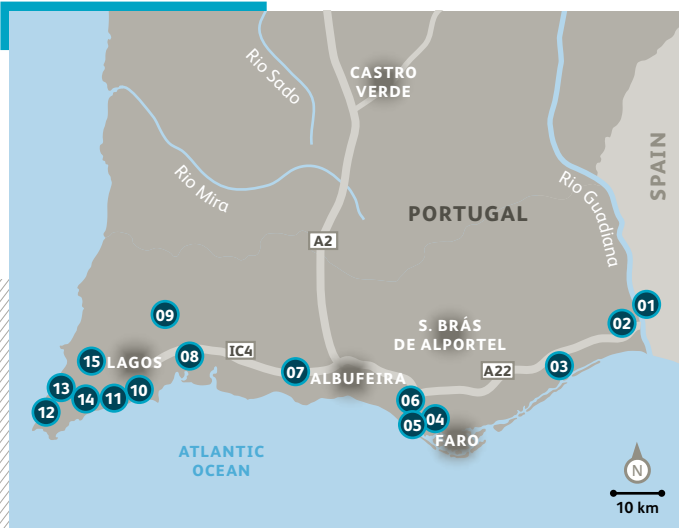
Sapal da Moita 37°15'N 07°26'W

### Interpretation Center

**Castro Marim and Vila Real de Santo António Nature Reserve Interpretation Centre**  
Castro Marim

Tel. +351 281 510 680

# the best of the Algarve



## ITINERARY E

Places to be visited 19 20 21

(see map of Mainland Portugal)

Number of days 5

Distance 160 km

### Notes

Take a boat trip in Sagres to see the birds and dolphins.

J F M A M J J A S O N D

day 1

## Castro Marim

01. Salt Marsh of Venta Moinhos
02. Serro do Bufo
03. Tavira

day 2

## The Heart of the Ria Formosa

04. Quinta de Marim
05. Praia de Faro
06. Quinta do Lago

day 3

## Heading West

07. Lagoa dos Salgados
08. Ria do Alvor
09. Monchique

day 4 and 5

## Sagres Peninsula

10. Paul de Budens
11. Lagoa do Marinhãl
12. Cabo de São Vicente
13. Pinhal de Vale Santo
14. Vale Santo
15. Torre de Aspa

# Tourist information

## Mainland Portugal

PORTO

[www.portoenorte.pt](http://www.portoenorte.pt)

CENTRE

[www.visitcentro.com](http://www.visitcentro.com)

LISBON

[www.visitLisbon.com](http://www.visitLisbon.com)

ALENTEJO

[www.visitalentejo.pt](http://www.visitalentejo.pt)

ALGARVE

[www.visitalgarve.pt](http://www.visitalgarve.pt)

# Azores & Madeira

Islands of Portugal

 [SEE MAP](#)



# Azores & Madeira Islands of Portugal

## Places of Interest

### Azores

- 23. São Miguel P.68
- 24. Santa Maria \* P.70
- 25. Graciosa \* P.72
- 26. Terceira P.74
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### Madeira

- 32. Ponta de São Lourenço P.88
- 33. Lugar de Baixo P.90
- 34. Laurissilva Forest P.92
- 35. Ponta do Pargo P.94
- 36. Porto Santo P.96

 **ITINERARY A** P.98

\* Not included in itinerary



## Azores

## Madeira



# 23. São Miguel

The largest island in the archipelago



Pedro Monteiro

**Azores Bullfinch** →  
*Pyrrhula murica*

**37°44'N 25°40'W**  
Coordinates  
(central point)

**Area**  
**SPA** 1 Area, 6.073 ha  
**IBA** 5 Areas,  
with a total of 6.664 ha

## Description

Lagoons (temporary and permanent) , pastureland, peat bog, forest (natural/exotic vegetation/mixed woods), cultivated fields, coastal areas (cliffs, beaches, ports, marinas).

## Species

Cory's Shearwater, Common Moorhen, Common Quail, Spoonbill, Garganey, Northern Shoveler, Northern Pintail, Gadwall, Blue-winged Teal, Common Buzzard, Eurasian Oystercatcher, Semipalmated Plover, Common Tern, Roseate Tern, Wood Pigeon, Common Blackbird, Blackcap, White Wagtail, Goldcrest, Common Starling, Common Chaffinch, Azores Bullfinch.

## Birdwatching sites

Serra da Tronqueira, Planalto dos Graminhais, Lagoa de São Brás, Praia da Ribeira Grande, Lagoa do Fogo, Port area of Ponta Delgada (port, marina, wastewater treatment plant), Batalha Golf Course, Beaches of Livramento/Pópulo, Caloura, Port area of Vila Franca do Campo (marina and port), Achada das Furnas (rain ponds and puddles in the region), Lagoa dos Espriados, Lagoa das Furnas, Sete Cidades (Lagoa Azul, Lagoa Verde and Caldeira do Alferes), Mosteiros.

## Interpretation Centres

**Azores Bullfinch Environmental Centre, run by SPEA – Portuguese Society for the Study of Birds**  
Cancela do Cinzeiro Forest Park,  
Vila de Nordeste  
Tel. +351 918 536 123

## Other attractions in the area

Laurissilva Forest, peat bogs, whales and dolphins, diving.

# 24.

## Santa Maria

Wonderful birdwatching memories



Roseate Tern →  
*Sterna dougallii*

 NOT INCLUDED IN ITINERARY

**36°57'N 25°09'W**

Coordinates  
(central point)

**Area**

**SPA** 1 Area, 8ha

**IBA** 3 Areas,  
with a total of 346ha

### Description

Pastureland, forest (exotic vegetation), cultivated fields, coastal areas (cliffs, beaches, ports, islets).

### Species

Cory's Shearwater, Little Shearwater, Bulwer's Petrel, Common Moorhen, Common Quail, Cattle Egret, Blue-winged Teal, Tufted Duck, Common Buzzard, Eurasian Oystercatcher, Common Tern, Roseate Tern, Short-eared Owl, Wood Pigeon, Common Blackbird, Blackcap, Grey Wagtail, Goldcrest, Common Starling, Common Chaffinch.

### Birdwatching sites

Airport, Ribeira de São Francisco, Ginjal, Pedreira de Arrebentão, Cova do Areão, Anjos, Baía da Praia, Port area of Vila do Porto, Ilhéu da Vila.

### Other attractions in the area

Diving, whales and dolphins, beaches.

# 25.

## Graciosa

One of the most interesting places  
for watching seabirds



Monteiro's Storm Petrel ↗  
*Oceanodroma monteiroi*

Pl. Geraldo/ptes

 NOT INCLUDED IN ITINERARY

**39°03'N 27°58'W**

Coordinates  
(central point)

**Area**

**SPA** 2 Areas,  
with a total of 85 ha

**IBA** 4 Areas,  
with a total of 219 ha

### Description

Pastureland, forest (exotic vegetation), cultivated fields, coastal areas (cliffs, beaches, islets).

### Species

Cory's Shearwater, Little Shearwater, Bulwer's Petrel, Madeiran Storm Petrel, Monteiro's Storm Petrel, Common Quail, Common Buzard, Common Tern, Roseate Tern, Wood Pigeon, Common Blackbird, Blackcap, Grey Wagtail, Goldcrest, Common Starling, Common Chaffinch.

### Birdwatching sites

Santa Cruz, Beach (São Mateus), Ponta da Barca, Ilhéu da Praia, Ilhéu de Baixo.

### Other attractions in the area

Diving, whales and dolphins.



# 26.

## Terceira

### Watching shore birds of north american origin



**Pectoral Sandpiper** ↗  
*Calidris melanotos*

Turismo de Portugal | Gerbrand

**38°39'N 27°12'W**

Coordinates  
(central point)

**Area**

SPA 2 Areas,  
with a total of 119 ha

IBA 3 Areas,  
with a total of 169 ha

### Description

Lagoons, (intensive and semi-natural) pastureland, peat bogs, forest (natural/exotic/mixed vegetation), coastal areas (cliffs, ports, marinas, islets).

### Species

Cory's Shearwater, Great Blue Heron, Great Egret, Common Quail, American Wigeon, Green-winged Teal, Blue-winged Teal, Common Buzzard, Semipalmated Plover, Killdeer, American Golden Plover, White-rumped Sandpiper, Pectoral Sandpiper, Semipalmated Sandpiper, Spotted Sandpiper, Lesser Yellowlegs, Ring-billed Gull, Common Tern, Roseate Tern, Wood Pigeon, Belted Kingfisher, Azorean Chaffinch.

### Birdwatching sites

Paul da Praia, Cabo da Praia, Marina/port of Praia da Vitória, Fishing port of Praia da Vitória, Paul do Belo Jardim, Ponta das Contendas, Ilhéu da Mina, Lagoa do Ginjal, Lagoa do Junco, Reservoir of Cabrito, Lagoa do Negro.

### Other attractions in the area

Lagoons, peat bogs, diving, whales and dolphins, native flora, caves, Angra do Heroísmo – World Heritage (UNESCO).

# 27.

## Faial

### The volcano of Capelinhos



pt/Geeralôbes

Cory's Shearwater ↗  
*Calonectris diomedea*

 NOT INCLUDED IN ITINERARY

#### 38°31'N 28°38'W

Coordinates  
(central point)

#### Area

SPA 2 Areas,  
with a total of 1.210 ha

IBA 5 Areas,  
with a total of 1.677 ha

#### Description

Pastureland (intensive and semi-natural), forest (natural/exotic/mixed vegetation), cultivated fields, coastal areas (cliffs, beaches, islets).

#### Species

Cory's Shearwater, Little Shearwater, Blue-winged Teal, Common Quail, Common Buzzard, Semipalmated Plover, Pectoral Sandpiper, Semipalmated Sandpiper, Spotted Sandpiper, Lesser Yellowlegs, Common Tern, Roseate Tern, Wood Pigeon, Common Blackbird, Blackcap, Grey Wagtail, Goldcrest, Common Starling, Common Chaffinch.

#### Birdwatching sites

Caldeira, Volcano of Capelinhos, Porto Pim, Porto da Horta, Pedro Miguel (lagoons).

#### Other attractions in the area

Geology (Volcano of Capelinhos, Caldeira), diving, whales and dolphins.

# 28.

## São Jorge

### The island of the fajãs



Foto: Aquilino Teófilo

São Jorge Island ↗  
Topo islander

 NOT INCLUDED IN ITINERARY

**38°36'N 28°01'W**

Coordinates  
(central point)

#### Area

**SPA** 1 Area, 230 ha

**IBA** 3 Areas,  
with a total of 1.264 ha

#### Description

Lagoons, (intensive and semi-natural) pastureland, peat bogs, forest (natural/exotic/mixed vegetation), coastal areas (cliffs, ports, islets).

#### Species

Cory's Shearwater, Little Shearwater, Bulwer's Petrel, Common Quail, Blue-winged Teal, Semipalmated Plover, Common Tern, Roseate Tern, Wood Pigeon, Common Blackbird, Blackcap, Grey Wagtail, Goldcrest, Common Starling, Common Chaffinch.

#### Birdwatching sites

Ilhéu do Topo, Ponta dos Rosais, Fajã dos Cubres, Porto de Velas.

#### Other attractions in the area

Peat bogs, diving, whales and dolphins, native flora, fajãs (flat land at the bottom of sea cliffs).

# 29.

## Pico

### The mountain



Foto: Aquilino Teófilo

Pico Mountain ↗

 NOT INCLUDED IN ITINERARY

#### 38°32'N 28°31'W

Coordinates  
(central point)

#### Area

SPA 3 Area,  
with a total of 315 ha

IBA 6 Areas,  
with a total of 6.429 ha

#### Description

Lagoons, (intensive and semi-natural) pastu-  
reland, peat bogs, forest (natural/exotic/mi-  
xed vegetation), coastal areas (cliffs, ports,  
islets), subalpine areas.

#### Species

Cory's Shearwater, Little Shearwater, Bulwer's  
Petrel, Common Quail, Blue-winged Teal, Com-  
mon Buzzard, Semipalmated Plover, Semipal-  
mated Sandpiper, Spotted Sandpiper, Com-  
mon Tern, Roseate Tern, Wood Pigeon, Belted  
Kingfisher, Common Blackbird, Blackcap, Grey  
Wagtail, Goldcrest, Common Starling, Com-  
mon Chaffinch, Canary.

#### Birdwatching sites

Lagoa do Capitão, Lagoa do Caiado, Lagoa  
Rasa, Lagoa do Juncal, Lagoa Rosada, La-  
goa do Peixinho, Porto da Madalena, Porto  
de São Roque, Ilhéu de Santo António, Porto  
das Lajes, Ponta da Ilha, Ponta dos Ouriços.

#### Other attractions in the area

Lagoons, peat bogs, diving, whales and  
dolphins, native flora, Pico Mountain, Cen-  
tral Plateau, Landscape of the Pico Island  
Vineyard Culture – World Heritage.

# 30.

## Flores

### The island of the lagoons



Gebrüder A.M. Nitzscheisen

**Observatory** ↗  
*Lagoa Branca, Flores*

#### ITINERARY A

**39°27'N 31°07'W**

Coordinates  
(central point)

**Area**

**SPA** 4 Areas,  
with a total of 937 ha

**IBA** 4 Areas,  
with a total of 937 ha

#### Description

Lagoons, (intensive and semi-natural) pastureland, peat bogs, forest (natural/exotic/mixed vegetation), coastal areas (cliffs, beaches, ports, islets).

#### Species

Cory's Shearwater, Manx Shearwater, Little Shearwater, Bulwer's Petrel, Common Moorhen, Common Quail, Black Duck, Green-winged Teal, Blue-winged Teal, Ring-necked Duck, Tufted Duck, Semipalmated Plover, Pectoral Sandpiper, Spotted Sandpiper, Lesser Yellowlegs, Common Tern, Roseate Tern, Wood Pigeon, Yellow-billed Cuckoo, Common Blackbird, Blackcap, White Wagtail, Goldcrest, Common Starling, Common Chaffinch, Canary, Red-eyed Vireo, Yellow Warbler, Black-throated Green Warbler, Ovenbird.

#### Birdwatching sites

Santa Cruz, Lajes, Lagoa da Lomba; Fajã do Lopo, Ribeira Grande, Ponta Delgada, Lagoa Seca, Lagoa Funda, Lagoa Rasa, Lagoa Branca, Ribeiro do Moinho, Ponta do Albernaz, Lagoa dos Patos, Miradouro de Craveiro Lopes, Lagoinha, Quebrada Nova, Lajedo, Fajãzinha, Aldeia da Quada, Quebrada da Muda, Fajã Grande, bird observatory at Lagoa Branca and the footpath PR-3-FLO Lagoas /Poça do Bacalhau.

#### Other attractions in the area

Flora, diving, observing whales and dolphins.

# 31. Corvo

The best place in europe  
for watching american birds



pt/Geeralabes

Cliffs ↗

39°40'N 31°06'W

Coordinates  
(central point)

#### Area

SPA 1 Area, 374 ha

IBA 1 Area, 374 ha

### Description

Pastureland (Intensive and semi-natural), coastal areas (cliffs, islets).

### Species

Cory's Shearwater, Little Shearwater, Common Quail, American Wigeon, Green-winged Teal, Blue-winged Teal, Black Duck, Ring-necked Duck, Tufted Duck, Scaup, Semipalmated Plover, Killdeer, Buff-breasted Sandpiper, White-rumped Sandpiper, Pectoral Sandpiper, Semipalmated Sandpiper, Lesser Yellowlegs, Common Tern, Roseate Tern, Wood Pigeon, Common Nighthawk, Yellow-billed Cuckoo, Common Blackbird, Blackcap, Grey Wagtail, Common Starling, Common Chaffinch, Red-eyed Vireo, Yellow Warbler, Black-throated Green Warbler, Ovenbird.

### Birdwatching sites

Ribeira entre as Cancelas, Ribeira do Cantinho, Ribeira da Amoreira, Fojo, Ribeira do Poço de Água, Ribeira da Ponte, Ribeira do Cerrado das Vacas, Ponta do Marco, Vila Nova do Corvo, Caldeirão.

### Other attractions in the area

Diving, observing whales and dolphins.

# The route of the Migratory Birds



## ITINERARY A

Places to be visited (1) (4) (8) (9)  
(see map of the islands of Portugal)

Number of days 7

### Islands

São Miguel, Terceira, Flores, Corvo

### Notes

Take a boat trip to observe whales and dolphins.

Visit the volcanic caves of Algar and Natal (Terceira).

15 September to 15 March

J F M A M J J A S O N D

day 1

## São Miguel

01. Nordeste (visit to the Azores Bullfinch Environmental Centre – (Centro Ambiental do Priolo – CAP), then taking the Tronqueira road to the viewing point)
02. Lagoa das Furnas (walk around the lake)
03. Praia do Monte Verde (Ribeira Grande)

day 2

04. Sete Cidades (visit to the Lagoa Azul and Lagoa Verde, and Caldeira do Alferes)
05. Mosteiros
06. Porto de Ponta Delgada (walk from the old port to the wastewater treatment plant)

day 3

## Terceira

07. Paul da Praia
08. Marina/beach of Praia da Vitória
09. Fishing port of Praia da Vitória
10. Quarry of Cabo da Praia

day 4

11. Fenland at foot of Serra do Cume (visit to the Lagoa do Ginjal/Junco and ponds in the vicinity)
12. Reservoir of Cabrito

day 5

## Flores

13. Santa Cruz
14. Lajes
15. Lagoa da Lomba
16. Ponta Delgada
17. Lagoa Seca
18. Lagoa Funda

day 6

19. Lagoa Rasa
20. Lagoa Branca
21. Lagoa dos Patos
22. Ponta do Albernaz
23. Fajã Grande

day 7

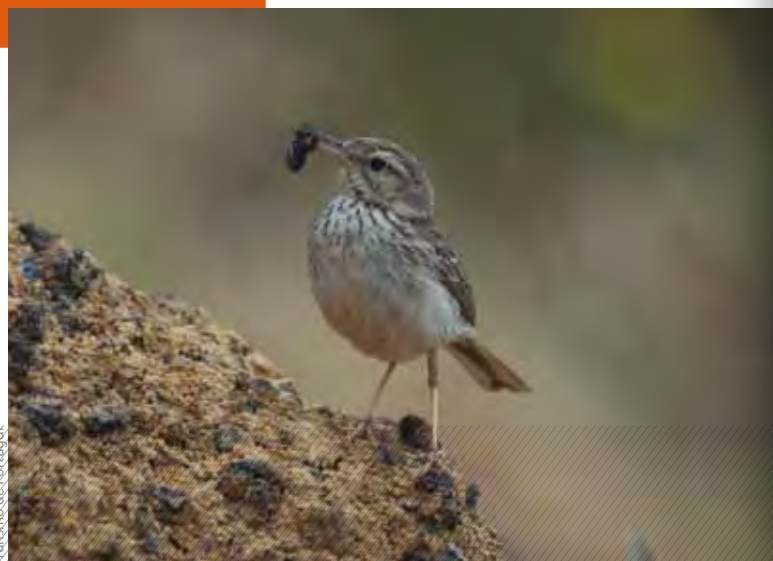
## Corvo

24. Caldeirão
25. Ribeira entre as Cancelas
26. Ribeira do Cantinho
27. Ribeira da Amoreira
28. Ribeira do Cerrado das Vacas
29. Ribeira do Poço de Água
30. Ribeira da Ponte
31. Fojo

# 32.

## Ponta de São Lourenço

The easternmost point of Madeira island



**Berthelot's Pipit** →  
*Anthus berthelotii*

Fotografia: Portugal

### 32°44'N 16°41'W

Coordinates  
(central point)

### Area

Area included  
in the Madeira  
Natural Park  
IBA 321 ha

### Description

Arid peninsula with rocky cliffs and nearby islets.

### Species

Plain Swift, Atlantic Canary, European Goldfinch, Berthelot's Pipit, Common Kestrel, Common Buzzard, Common Linnet, Rock Sparrow, Common Tern, Yellow-legged Gull, Cory's Shearwater, Manx Shearwater, Little Shearwater, Bulwer's Petrel.

### Birdwatching sites

Walk to the observatory (roughly three hours – round trip).

### Other attractions in the area

Geology, flora, dolphins and whales, land shells and reptiles.

### Other areas nearby

Foz da Ribeira de Machico 32°43'N 16°45'W

### Interpretation Centres

#### “Casa do Sardinha” Birdwatching and Reception Centre

Parque Florestal da  
Ponta de São Lourenço,  
Machico

Tel. +351 291 214 360



# 33.

## Lugar de Baixo

The only tidal lagoon in the archipelago



Arnaiz Lopez/Fotogrametrias

Lugar de Baixo ↗  
Interpretation Centre

### Description

Saltwater pond and cane thicket.

### Species

Common Sandpiper, Northern Shoveler, Dunlin, Black-winged Stilt, Black-headed Gull, Black-tailed Godwit, Grey Wagtail, Common Tern, Common Redshank, Common Ringed Plover, Eurasian Coot, Common Moorhen, Grey Heron, Little Egret, Turnstone.

### Birdwatching sites

Around the lagoon.

### Other attractions in the area

Architectural heritage and observing whales and dolphins.

### Other areas nearby

Paul da Serra 32°45'N 17°05'W

### Interpretation Centres

Lugar de Baixo  
Ecotourism Centre  
Ponta do Sol  
Tel. +351 291 972 850

# 34.

## Laurissilva Forest

### The wonder of nature



© Carlos Cabral

Madeira Laurel Pigeon →  
*Columba*

#### Description

Native Madeira forest, characterised by the presence of different species of lauraceae, rocky areas, streams and cultivated fields.

#### Species

Eurasian Sparrowhawk, Common Buzzard, Madeira Laurel Pigeon, European Robin, Common Kestrel, Common Chaffinch, Grey Wagtail, Madeira Firecrest, Common Blackbird, Plain Swift, Blackcap, Eurasian Woodcock.

#### Birdwatching sites

Fajã da Nogueira, Balcões, Folhadal, Rabaçal, Fanal, Chão da Ribeira and various viewing points all around the island.

#### Other attractions in the area

Flora, butterflies, geology, ethnography.

32°44'N 16°54'W

Coordinates  
(central point)

#### Area

SPA 15.242 ha

IBA 15.242 ha

#### Interpretation Centres

Ribeiro Frio  
Environmental  
Education Centre

Parque Florestal  
do Ribeiro Frio  
São Roque do Faial  
Tel. +351 291 575 034

# 35.

## Ponta do Pargo and Porto Moniz



Atlantic Canary ↗  
*Serinus-canaria*

© Andy Hey, rspb-images.com

32°48'N 17°15'W  
32°51'N 17°10'W  
Coordinates  
(central points)

Area  
IBA 1.161 ha

### Description

High rocky cliffs, with several fajãs, cultivated fields, pine and eucalyptus woods.

### Species

Eurasian Sparrowhawk, Red-legged Partridge, Common Quail, Berthelot's Pipit, Plain Swift, Common Buzzard, Common Linnet, Madeiran Storm Petrel, Rock Sparrow, Atlantic Canary, Blackcap, Spectacled Warbler, Bulwer's Petrel, Cory's Shearwater, Manx Shearwater, Little Shearwater, Gaivina.

### Birdwatching sites

Lighthouse, "O Fio" Tea Rooms, Ponta do Pargo Civic Centre and naturally-formed swimming-pools of Porto Moniz.

### Other attractions in the area

Geology, flora, whales and dolphins, butterflies.

### Other areas nearby

Paul da Serra 32°45'N 17°05'W

Achadas da Cruz 32°51'N 17°12'W

# 36.

## Porto Santo



Ana Isabel Fagundes

Porto Santo →

**32°48' N 17°15' W**  
Coordinates  
(central point)

**Area**  
IBA 929 ha

### Description

Arid landscape rich in undergrowth, with some ponds and streams.

### Species

Berthelot's Pipit, Common Ringed Plover, Eurasian Coot, Common Moorhen, Yellow-legged Gull, Rock Sparrow, Spanish Sparrow, Spectacled Warbler, Eurasian Hoopoe, Plain Swift, Whimbrel, Canary, Common Tern, Roseate Tern, Sanderling, Grey Heron, Little Egret, Turnstone, Kentish Plover.

### Birdwatching sites

Sítio do Tanque, Praia da Calheta, Pico Castelo, Ribeiro Salgado and Porto Santo Golf Course.

### Other attractions in the area

Geology, flora, dolphins and whales, ethnography.

### Interpretation Centres

**Ecoteca do Porto Santo**  
Tel. +351 291 982 069

# The best of the Madeira



## ITINERARY A

### Number of days 6

### Further information

On any of these days, you can take a boat trip (in the morning or afternoon) to observe the seabirds along the southern coast of Madeira. This service is provided by various maritime/tourist companies based in Funchal, Machico or Calheta. The best time of the year for taking such a trip is between May and September.

Between March and July, there is also a possibility (when accompanied by authorised guides) of paying a night-time visit to the nesting grounds of the Madeiran Storm Petrel, where you can hear their distinctive calls as they return to their nests.

From March to October

J F M A M J J A S O N D

START  
8:00  
DISTANCE BY CAR  
54 Km

day 1

## Endemic Species

01. Miradouro dos Balcões  
(short walk between Ribeiro Frio and Balcões – 3 Km)
02. Fajã da Nogueira
03. Pico do Areiro

START  
9:00  
DISTANCE BY CAR  
36 Km

day 2

## Easternmost Point

04. Ponta de São Lourenço  
(8 Km, round trip)
05. Ribeira de Machico

START  
8:00  
DISTANCE BY CAR  
78 Km

day 3

## From the top down to the sea

06. Risco (Rabaçal)
07. Paul da Serra
08. Lagoa do Lugar de Baixo

START  
8:00  
DISTANCE BY CAR  
120 Km

day 4

## Westernmost Point

09. Ponta do Pargo
10. Achadas da Cruz
11. Porto Moniz

Trip from Funchal to Porto Santo at 8:00, on a Ferry-Boat

day 5

## Porto Santo

12. Porto Santo

Boat trip to Ilhas Desertas takes roughly 3h. Services provided by various maritime/tourist companies.

day 6

## Ilhas Desertas

13. Ilhas Desertas Nature Reserve  
(observation of seabirds, whales and dolphins during the boat trip)

# Tourist Information

## Islands of Portugal

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AZORES

[www.visitazores.travel](http://www.visitazores.travel)

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MADEIRA

[www.madeiraislands.travel](http://www.madeiraislands.travel)

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